



CHRIST UNITED LIFEGATE

Lifegate Food Drive

Christ United's Lifegate Ministry needs your assistance with providing food for those in need.

During Your Next Grocery Trip

Pickup the items on this list and then drop off your filled Lifegate bag at Christ United.

Don't Have Time to Shop?

Leave the shopping to us by making a monetary donation at christunited.com/lifegate.

How to Drop off Filled bags

If you choose to fill a bag you can drop it off Sunday through Friday 8:00 a.m. - 4:00 p.m. and Saturday 8:00 a.m. - 1:00 p.m. at the Christ Center Information Desk.

Lifegate Bag List

The Lifegate Bag food list can also be found at christunited.com/lifegate.

One bag with each of these items will help feed a family of four for approximately 3 days.

- One 16 oz. bag of spaghetti noodles
- One 26 oz. canned spaghetti sauce
- Two 15 oz. canned corn
- Two 15 oz. canned green beans
- One 15 oz. any canned vegetable
- One 18 oz. canned soup with meat
- One 15 oz. box of instant potatoes
- Two 12 oz. canned meat
- One box of cereal or oatmeal
- One 2 lb bag of rice
- One 2 lb bag of dry beans
- Two 7 oz. boxes of macaroni & cheese
- One small jar of peanut butter
- One small jar of jelly
- One 29 oz. canned fruit

SCAN TO



DONATE

Don't have time to shop?

You can now donate directly to Lifegate at christunited.com/lifegate and we will do the shopping for you! You can also scan the Lifegate QR code with your smart phone to go directly to the Lifegate web page.

**"...whoever is kind to the needy honors God."
- Proverbs 14:31b**